

STEAK IT

CATERING

Meal Prep Menu

PROTEINS

Grilled Herbed Chicken Breast*	\$7
Chicken Fajitas	\$8
BBQ Pulled Chicken	\$7
Pollo Asado	\$8
Ground Turkey w/ Bell Peppers	\$7
Turkey Meatballs	\$7
Turkey Sausage w/ Sweet Peppers	\$7
Seared Teriyaki Flank Steak	\$9
Top Sirloin w/ Chimi or Cilantro Dressing	\$10
Steak Fajitas	\$9
Carne Asada	\$9
BBQ Pulled Pork	\$8
Cajun Seared Tilapia**	\$7
Seared Salmon**	\$8
Cilantro Lime Shrimp	\$8

VEGETABLES

Broccoli	Brussel Sprouts
Collard Greens	Cauliflower
Spinach	Cabbage
Zucchini	Corn
Mixed Veggies	Green Beans
Sugar Snap Peas	Asparagus
Mushrooms	Carrots

CARBS/GRAINS

Red Potatoes
Sweet Potatoes
Jasmine Rice
Brown Rice
Quinoa

*Chicken marinade options: seasonal herb, orange lime citrus, glazed cream of mushroom, BBQ, lemon herb, and Teriyaki

** Option of No Sauce or Avocado Lime Cilantro sauce

NEW ADDITIONS!

Stir Fry

w/Jasmine or Brown Rice
Chicken \$8 | Shrimp \$9

Turkey Meatballs over Veggie Spaghetti

With homemade sauce
\$8

Wraps

Whole wheat or tomato basil wrap;
southwestern, chipotle or avocado
sauce on the side

Chicken \$8 | Veggie \$8

Honey Garlic Soy Shrimp

With mixed veggies and fried
rice; choice of jasmine or
brown rice

\$10

Taco Bowl

Protein, jasmine or brown
rice, romaine, tomatoes,
black beans & corn.

Pico on the side.

Chicken \$8 | Ground Turkey \$8
Carne Asada \$10 | Shrimp \$9

A minimum of 5 meals are required per order. Orders must be placed by Wednesday 6PM. Meals are delivered on Sunday after 12PM. We value every one of our customers. These requirements allow us the appropriate time to prepare your yummy meals.

WWW.STEAKITLV.COM